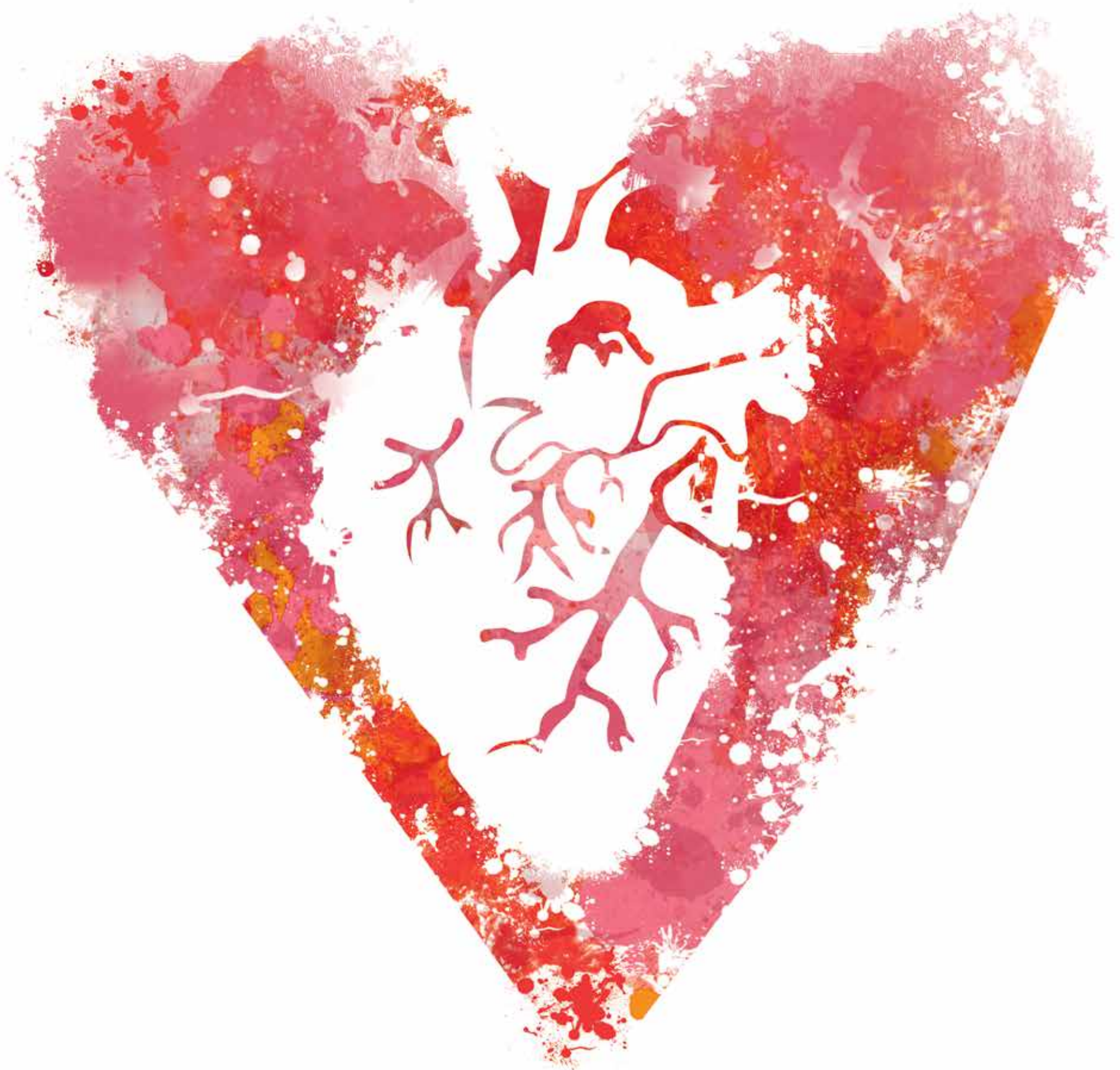


LUNCH & LEARN

TAKING ACTION AGAINST CARDIOVASCULAR DISEASE

Did you know that your heart pumps up to 2,000 gallons of blood every day?

It goes without saying: the heart is an organ worth protecting. Join registered nurse Maureen Newman at this month's Lunch & Learn, where she'll break down your cholesterol and triglyceride numbers so you can better understand how to preserve your heart's health.



WHEN: WEDNESDAY, FEBRUARY 26, NOON–12:45 P.M.

WHERE: HEALTH & FREEDOM ROOM



USANA

WELLNESS